

## Care Experienced Young People - Thematic

Exploring the delivery, experience and impact of services when young people are planning to leave care and after they have moved on.



### Information for young people and family members

#### Who is this information sheet for?

This information sheet is for young people and their family members who have agreed to speak to us or complete a survey as part of our review of services for care experienced young people. In this information sheet where we talk about young people we are talking about those who are 'care experienced'. This term includes all categories of care as young people approach adulthood and are being supported to either move on or continue to be cared for in a place of their choice.

#### What is this review about?

The purpose of the review is to find out how services are supporting young people when they are leaving care and ensuring that their rights are being upheld. These services are helping young people when they are making plans for leaving care and after they have moved on. They may be supporting you with housing, with your health or in relation to education or employment. A team from the Care Inspectorate are carrying out this review and we want to hear from people with recent lived experience of leaving care.

#### Why have I been asked for my views?

People who work with you feel that you could make a valuable contribution to the review. We want to listen to your views about whether you have received the help you need and any difference this has made to your life. Hearing the views and opinions of young people and family members is the most important part of our review.

#### Do I have to take part?

**No, taking part in the review is not compulsory.** We strongly recommend that you chat with a keyworker, your social worker, or any other trusted adult before consenting.

#### How will I share my views with the review team?

If you agree to take part in the review there are two ways in which you may have been invited to share your views: directly with a member of the review team or by completing a survey. In both we will be asking questions to help us fully understand your experience, whether you received the support you needed and the impact of any support received.

### *Sharing your views directly with a member of the team*

If this is the way you have been asked to take part arrangements will be made for a member of the review team to meet you at a time and in a place which suits you. This can be done in person, or we can arrange an online meeting or a phone call. You can be supported by people you know if this is your preference. The questions we will be asking you, have been developed in consultation with care experienced young people.

### *Completing a survey (young people only)*

This will be shared with you by a worker who knows you and they will ensure that you have the help you need to complete the survey and we would encourage you to speak with them if completing the survey raises any issues for you. Your response is anonymous. Care experienced young people were involved in designing the survey.

**You can change your mind and end the meeting or stop the survey at any time.**

## **What will I be asked about?**

We will ask you about your views about any support and help that you have had. We want to know about whether you have been involved in decisions that affect you and your family. We also want to ask you about how your rights have been respected. We will not ask you to share your personal information with us.

## **What will you do with the things I tell you?**

- We will use what you say to help us work out what services are doing well and what needs to change.
- What you say to us is private and we won't use your name or identify you or share any of your personal details.
- The only time we will tell others about something you say is if we are worried for your safety or the safety of someone else.
- We will take some notes during the interview. These notes will not contain personal information and we will not share these notes with others. We will store our notes securely and destroy them at the end of the review.
- We have rules about how we keep your information private. You can find our core privacy notice on our website [www.careinspectorate.com](http://www.careinspectorate.com).

We will write a report in November 2024 and we will have other ways of sharing what services are doing well and what needs improve.

## **Where can I find out more information?**

You can find out more information from our [webpage](#). If you have any questions about taking part please speak to the person who gave you this form.

**Thank you for taking part in our review.**