

Forth Craig Care Home Service

Inverkeithing

Type of inspection:
Unannounced

Completed on:
5 September 2025

Service provided by:
Radical Services Ltd

Service provider number:
SP2003002568

Service no:
CS2017359152

About the service

Forth Craig is a care home service for up to four children and young people. The premises consists of a two storey detached house with a parking area and garden.

Young people each have an en suite bedroom and share a living room with dining area, kitchen with utility area, bathroom and two additional communal rooms. The service is situated about five minutes from the centre of Inverkeithing in Fife, and overlooks the Firth of Forth. Inverkeithing has a range of amenities and community facilities as well as public transport links.

About the inspection

This was an unannounced inspection which took place on 26 and 27 August 2025. The inspection was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- spoke with young people using the service
- spoke with six staff and management
- observed practice and daily life
- reviewed documents
- spoke with one placing social worker

Key messages

- Children and young people experienced positive relationships with staff.
- The service had advocated strongly for children and young people.
- Children and young people were kept safe due to robust safeguarding practice.
- The setting had a warm and homely atmosphere.
- Children and young people participated well in their care planning.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

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| How well do we support children and young people's rights and wellbeing? | 5 - Very Good |
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Further details on the particular areas inspected are provided at the end of this report.

How well do we support children and young people's rights and wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for children and young people, therefore we evaluated this key question as very good.

Children and young people were kept safe within the service. Staff understood young people's needs and risk very well and clear plans were in place to manage risk effectively. When risks were identified the service collaborated well with external agencies and undertook direct work to address issues to improve outcomes.

Children and young people had access to external advocacy, and the service was also a strong advocate for the rights of children, proactively challenging practice to ensure that views were represented.

Safeguarding practice in the service was robust which ensured that children and young people's wellbeing was protected. Staff were aware of their responsibilities in relation to child protection and had been appropriately trained and the service work well with external agencies to identify and manage risk.

Children and young people experienced therapeutic and stable care which supported their emotional wellbeing. The service had a very stable core team of staff who provided consistency and a nurturing environment. The team worked well together and had strong management support which ensured that children and young people experienced quality care and support.

Levels of restrictive practice were low and had reduced. The service had reflected on its approach to restrictive practice through self-evaluation to identify practice improvements. Staff were positive about the move to a new practice model for restrictive practice which they felt was more child centred in its ethos. Staff were clear that restrictive practice was a last resort and were clearly able to articulate the range of other strategies used to de-escalate situations. Risk management plans were child centred and were based on in depth knowledge of children and young people's needs which informed the consistency of staff approach.

Children and young people experienced warm and trusting relationships. The service had a relaxed and welcoming atmosphere that provided a family feel and staff demonstrated a strong commitment to the wellbeing of children and young people.

The physical setting was warm and homely with nice personal touches in each room enhancing the environment. Children and young people were able to personalise their bedrooms, including the colour of the walls. The communal bathroom in the house did require an upgrade and there were plans in place to address this.

Children and young people's health needs were well met. Children and young people were supported to maintain a healthy lifestyle and when additional assessments were required these were progressed effectively.

Children and young people engaged in a range of activities and had opportunities for trips out and holidays during the summer. All young people were in education and the service worked closely with education providers to support positive outcomes.

The service had a commitment to providing continuing care and has a clear policy in place that supports this

recognising the legal issues for young people placed from outside of Scotland. Children and young people were engaged with their own care planning and were supported to identify goals. Care plans were child centred, and progress was effectively reviewed which ensured that identified needs were met and that children and young people's voices were heard.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

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|---|---------------|
| How well do we support children and young people's rights and wellbeing? | 5 - Very Good |
| 7.1 Children and young people are safe, feel loved and get the most out of life | 5 - Very Good |

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