

Kibble Inverkip Care Home Service

Inverkip

Type of inspection:
Unannounced

Completed on:
30 April 2025

Service provided by:
Kibble Education and Care Centre

Service provider number:
SP2004007042

Service no:
CS2024000108

About the service

Kibble Inverkip is located in a small town. The service can care for up to four young people, and at the time of inspection four young people were living in the house. The house was close to local shops and bus routes.

The house had a large garden space, which was well utilised with a trampoline, hot tub, water play and seating area. All young people had their individual room with en suite facilities. Within the house there was also multiple spaces for young people to relax.

About the inspection

This was an unannounced inspection which took place on 29 and 30 April 2025 between the hours of 10:00 and 20:30. The inspection was carried out by an inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- spoke with three people using the service and their family/friends/representatives
- spoke with seven staff and management
- observed practice and daily life
- reviewed documents
- spoke with visiting professionals.

Key messages

- Staff and young people had very good relationships.
- The team had a good understanding of trauma informed practice.
- Young people were included in decision making.
- Education and learning were encouraged, with staff supporting young people where appropriate.
- Young people were supported to build lifelong relationships with their family.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support children and young people's rights and wellbeing?	5 - Very Good
--	---------------

Further details on the particular areas inspected are provided at the end of this report.

How well do we support children and young people's rights and wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for young people, therefore we evaluated this key question as very good.

Young people were supported to be kept safe. The team worked closely with other key professionals, to make decisions about how to support young people to take safe risks. Young people told us, "I feel safe living here, it's good." This helped young people build resilience and develop their life skills.

The team were passionate about advocating for young people. We found staff had advocated for the rights of the young people in relation to spending time with family, education and social activities. The young people also had access to an external advocacy service. This helped young people feel heard, and their rights respected.

Child protection processes were clear and staff were confident in raising any concerns. Staff told us, "It's good we have strong relationships, so they feel confident to share any worries with us." At times where concerns were raised, the relevant agencies were informed and appropriate action taken. This ensured young people were protected from harm.

The team were trauma responsive in their approach. Young people told us, "They are able to help me without using restraint, because they understand me." We found the staff had a good understanding of young people's individual needs and the importance of using their relationship to support young people when they were upset. There was also an effort to include sensory activities such as the hot tub, water play and trampolining into young people's day to help provide structure. This led to young people feeling nurtured and safe.

Building strong, trusting relationships was a strength in the service. We observed staff to be caring, nurturing and know the young people very well. There was lots of opportunities for young people to spend time with staff on activities on a daily basis and trips in the holidays. Young people benefitted from this approach and it helped them to build trusting relationships.

There was a comprehensive health team which supported the health needs of young people. The SIS (Specialist Intervention Services) provided individual support for young people and the team, to support them physically and emotionally. There was also opportunities for young people to understand some of their experiences in earlier years.

Family relationships were supported and encouraged by staff. There was opportunities for family to visit the house, be supported on trips and also SIS (Specialist Intervention Services) offering family therapy. This supported young people to build lifelong relationships in line with 'The Promise'.

There was an individual approach to learning. Staff also offered support to young people where appropriate and advocated on their behalf to ensure they received an education which met their needs. There was also good working relationships with schools and other agencies to support individual support plans for young people. This helped young people feel a sense of achievement, and learn new skills.

Care plans were informative, however, risk assessments needed to include the pro-active approach staff undertook. We found plans to be colourful, and include achievements young people had made. However,

goals needed to be SMART (Specific, Measurable, Achievable, Realistic, Time-bound) to reflect the achievements young people had made and were working towards. Young people were included in their plans and these were reviewed regularly.

Staff felt managers were approachable and supportive. We observed team meetings to be reflective and supported a learning culture. Staff told us, "The managers are so good at helping us learn and really care." This supported staff to learn and develop in their role.

There was a clear admissions process in place. This had involved opportunities for young people to visit the house before moving in and meet the staff. We found this could be further developed with more specific detail of the impact of those living in the house and skill set of the team, to ensure that any potential impact is identified and support put in place.

We found there had been a consistent staff team, which provided a high level of support. Young people told us, "There is always enough staff, which means I can go out a lot with them." This supported the ethos within the house of building relationships. The service was in the process of developing a staffing needs assessment to reflect the support which was in place from well trained staff.

Safer recruitment principles were followed through the recruitment process. Young people had also been able to be involved in the interview process, and told us, "I really enjoy it and like making questions for them." This made them feel included and valued.

The team had a good understanding of 'The Promise' and how they strived to meet this within the house. There was a clear vision to support families to stay together and support young people to stay in the service into adulthood.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How well do we support children and young people's rights and wellbeing?	5 - Very Good
7.1 Children and young people are safe, feel loved and get the most out of life	5 - Very Good
7.2 Leaders and staff have the capacity and resources to meet and champion children and young people's needs and rights	5 - Very Good

To find out more

This inspection report is published by the Care Inspectorate. You can download this report and others from our website.

Care services in Scotland cannot operate unless they are registered with the Care Inspectorate. We inspect, award grades and help services to improve. We also investigate complaints about care services and can take action when things aren't good enough.

Please get in touch with us if you would like more information or have any concerns about a care service.

You can also read more about our work online at www.careinspectorate.com

Contact us

Care Inspectorate
Compass House
11 Riverside Drive
Dundee
DD1 4NY

enquiries@careinspectorate.com

0345 600 9527

Find us on Facebook

Twitter: @careinspect

Other languages and formats

This report is available in other languages and formats on request.

Tha am foillseachadh seo ri fhaighinn ann an cruthannan is cànan eile ma nithear iartras.

অনুরোধসাপেক্ষে এই প্রকাশনাটি অন্য ফরম্যাট এবং অন্যান্য ভাষায় পাওয়া যায়।

یہ اشاعت درخواست کرنے پر دیگر شکلوں اور دیگر زبانوں میں فراہم کی جاسکتی ہے۔

ਬੇਨਤੀ 'ਤੇ ਇਹ ਪ੍ਰਕਾਸ਼ਨ ਹੋਰ ਰੂਪਾਂ ਅਤੇ ਹੋਰਨਾਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਉਪਲਬਧ ਹੈ।

هذه الوثيقة متوفرة بلغات ونماذج أخرى عند الطلب

本出版品有其他格式和其他語言備索。

Na życzenie niniejsza publikacja dostępna jest także w innych formatach oraz językach.