

Kynnauld House Care Home Care Home Service

Kynnauld House Care Home
Commerce Street
FRASERBURGH
AB43 9LP

Telephone: 01346 519942

Type of inspection:
Unannounced

Completed on:
27 February 2025

Service provided by:
Kynnauld Care Limited

Service provider number:
SP2021000162

Service no:
CS2021000265

About the service

Kynnaird House Care Home is a purpose-built, three-storey building, located centrally in Fraserburgh. The home is registered to provide care to 41 people. At the time of our inspection there were 41 people living in the home.

All bedrooms have en-suite toilet facilities, showers and bathrooms are shared and available on all floors. There are lounges and dining rooms on all floors. The enclosed gardens has been landscaped and is accessible from the dining room on the ground floor.

The provider is Kynnaird Care Limited, part of the Meallmore group.

About the inspection

This was a follow up inspection which took place on 27 February 2025 from 09:30 to 12:30. The inspection was carried out by one inspector from the Care Inspectorate. To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection. In making our evaluations of the service we spoke to the Manager, Nurse and four Care Staff.

Key messages

Staff had all received training on Palliative and End of Life Care and had a better understanding including assessing people's pain and supporting them to manage this.

Palliative and End of Life person centred care planning had improved.

What the service has done to meet any requirements we made at or since the last inspection

Requirements

Requirement 1

By 30 December 2024 The Provider must demonstrate that personal plans fully record how a person's needs will be met when supporting them with palliative and end of life care.

In order to do this the Provider must:

- a) Ensure there is a care and treatment plan in place to anticipate the stages of palliative and end-of-life care specific to each person that is experiencing this;
- b) Where a person is in pain or is assessed as being 'at risk' of developing pain, proper systems have been put in place and implemented to address this; and any resulting treatment is fully recorded and evaluated and actions taken if not effective;
- c) Ensure there is the necessary equipment and sufficient medications in place to support people at the stages of end-of-life care;
- d) Ensure that nursing staff are fully trained and competent to support a person at end-of-life care including access to and setting up syringe drivers.

This requirement was made on 24 October 2024.

Action taken on previous requirement

Staff had all received training on Palliative and End of Life Care and had a better understanding including assessing people's pain and supporting them to manage this.

Staff had all completed a reflective account of their learning following the training. Staff we spoke to also told us how they had learned and developed their skills and knowledge.

All nursing staff had training on syringe drivers and relevant equipment was available in the care home at all times. The training also included end of life medication administered via syringe driver and staff assessed for their competency.

This training will be updated on a 3 monthly basis to ensure nursing staff remain competent.

Palliative and End of Life person centred care planning had improved.

We sampled care plans and found that relevant documentation and support measures were in place to support a person at palliative and end of life stage.

The manager had reviewed PRN medications for pain relief and implemented a new system of how staff were to record this following administration and followed up for effectiveness.

When PRN medications were administered this was also discussed at daily Flash meetings and handovers, so all staff were aware.

Audits were undertaken to ensure staff were fully compliant with this new procedure.

Palliative and End of Life training will also be included in new staff's induction.

Met - within timescales

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

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Care Inspectorate
Compass House
11 Riverside Drive
Dundee
DD1 4NY

enquiries@careinspectorate.com

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