

Fostering People Scotland Limited Adult Placement Service

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Type of inspection:
Announced (short notice)

Completed on:
27 February 2025

Service provided by:
Fostering People Scotland Limited

Service provider number:
SP2012011912

Service no:
CS2022000182

About the service

Fostering People Scotland Limited was registered with the Care Inspectorate on 12 March 2013. Fostering People is a private limited company, and wholly owned subsidiary of Polaris. It is registered as an Independent Fostering Provider under provision of the Regulation of Care (Scotland) Act 2001 and regulated by the Care Inspectorate.

The company's belief, reflected in their mission statement, is that all children and young people have a right to live in a safe, supportive, and life-enhancing family environment

The adult care service was inspected at the same time as the fostering service.

About the inspection

This was a short, announced inspection which took place between 27 January 2025, and 21 February 2025. The inspection was conducted by one inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- Spoke with four caregiver foster families
- We spoke with staff and management.
- We attended a caregivers group.
- We observed practice and daily life, and reviewed documents.

Key messages

- Young people experienced supportive, enduring relationships with fostering families beyond the age of 18 that provided a sense of belonging.
- Young people were fully integrated into carer families where they were loved and nurtured promoting their self worth and sense of identity.
- Caregivers valued relationships with their social workers, and we assessed that staff were skilled at supporting them.
- Young people were thriving and supported to achieve their goals and ambitions.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	5 - Very Good
How well is our care and support planned?	5 - Very Good

Further details on the particular areas inspected are provided at the end of this report.

How well do we support people's wellbeing?

5 - Very Good

We found significant strengths in aspects of the care provided and how these supported positive outcomes for children and their families, therefore we evaluated this key question as very good.

Quality Indicator: 1.1 Children, young people, adults and their caregiver families experience compassion, dignity and respect.

1.2 Children, young people and adults get the most out of life.

1.3 Children, young people and adults' health and wellbeing benefits from the care and support they experience.

1.4 Children, young people, adults and their caregiver families get the service that is right for them.

Caregivers were fully committed to the young people. The young people were loved and nurtured and the warmth and trust in the relationships with their care givers was clear.

Caregivers and workers ensured young people had a good understanding of their rights under the continuing care legislation and ensured when young people were making choices they were supported to do so in planned and consistent way.

Young people were supported to maximise their potential attending university and being in employment.

They were supported by carers who promoted and embraced individuality. Young people were supported to have fulfilling lives with high aspirations for success.

Young people had been supported to engage in further education by attending university participating in courses that reflected their individual interests. Young people were entirely autonomous in pursuing interests of their own and were actively encouraged to do so. The young people enjoyed active social lives and also enjoyed regular family holidays

Young people felt secure and nurtured. We saw that young people had returned to live with their carers as their circumstances had changed, providing a sense of belonging and allowing the young people to feel supported in making informed decisions without judgement. Young people knew that there was always a place for them in the family home whenever they needed it.

Care givers had positive relationships with their supervising social workers. Carers told us that staff were always available offering support and guidance when needed.

Caregivers were knowledgeable and skilled in their approach to caring for young people with a good understanding of Trauma and attachment. This helped young people to feel unconditionally loved and valued.

Young people had been active in contributing to the development of the service working closely with the Keeping the Promise Change Officer. This was an area of strength.

Young people maintained relationships with people that were important to them. It was clear that young people were supported to be autonomous, and their choices and their decisions were respected.

Young people received care that met their individual needs and kept them emotionally and physically safe. Carers were vigorous advocates for the young people and took a rights-based approach while supporting young people to advocate for themselves. A culture of ambition and celebrations of success was evident.

Staff supported carers and young people through regular visits, frequent communication, and responsive approaches.

We saw that young people were loved and nurtured promoting their self worth and sense of identity.

How well is our care and support planned?

5 - Very Good

We found important strengths in supporting outcomes for young people. We evaluated this key question as very good.

Quality Indicator: 5.1 Assessment and care planning reflects the outcomes and wishes of children, young people and adults

Young people led healthy, meaningful lives with plans that were detailed and Specific, Measurable, Achievable, Realistic and Timely (SMART).

Welfare assessments and Pathways Plans reflected the wishes and needs of young people and their carer families. Plans were robust and individualised for each young person. Young people were at the centre of support planning and had a real sense of ownership over their plans.

Plans were responsive to the changing needs of the individual.

Young people told us that they were fully involved in their planning and were supported to lead and direct their development. Young people had voiced that they had felt that some measures such as carers' logs were not age appropriate for them, the agency had listened to this and responded appropriately.

Young people had access to advocacy, we saw that the carers and service advocated strongly on their behalf. Outcomes for young people were supported by high quality multi-agency planning.

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

Detailed evaluations

How well do we support people's wellbeing?	5 - Very Good
1.1 Children, young people, adults and their caregiver families experience compassion, dignity and respect	5 - Very Good
1.2 Children, young people and adults get the most out of life	5 - Very Good
1.3 Children, young people and adults' health and wellbeing benefits from the care and support they experience	5 - Very Good
1.4 Children, young people, adults and their caregiver families get the service that is right for them	5 - Very Good
How well is our care and support planned?	5 - Very Good
5.1 Assessment and care planning reflects the outcomes and wishes of children, young people and adults	5 - Very Good

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