

# Woodside Court Nursing Home Care Home Service

Woodside Way  
Glenrothes  
KY7 5RW

Telephone: 01592 754 497

**Type of inspection:**  
Unannounced

**Completed on:**  
23 January 2025

**Service provided by:**  
HC-One Limited

**Service provider number:**  
SP2011011682

**Service no:**  
CS2011300791

## About the service

Woodside Court Nursing Home is registered to accommodate 60 people, including older people and people with physical disabilities. There were 56 people living in the service at the time of our visit. The service is provided by HC-One Ltd.

The building is set within extensive garden grounds, with easy to access parking facilities to the front of the property. Residents have the choice of a range of seating areas and quiet rooms which they can use for meeting with other residents, family members and friends.

The service has good access to local facilities and transport links.

## About the inspection

This was a follow-up inspection which took place on 23 January 2025 at 10:00. The inspection was carried out by two inspectors from the Care Inspectorate. To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection. In making our evaluations of the service we: spoke with staff and management, observed practice and daily life, reviewed documents, and spoke with visiting professionals in the passing.

## Key messages

The personal support plan format had been updated by the service.

The information in support plans was comprehensive, person-centred, and regularly reviewed.

The service had implemented a review matrix to ensure care reviews were being planned and completed in appropriate timeframes.

People's representative contact details contained clear information and guidance.

## What the service has done to meet any requirements we made at or since the last inspection

### Requirements

#### Requirement 1

By 25 November 2024, the provider must promote the health, welfare and safety of those who use the service by ensuring that all personal support plans:

- a) contain personal care records that are accurate, sufficiently detailed, and reflect the care/support being provided;
- b) describe people's preferences for care and support and how they will be met;
- c) contain contact preferences for people's representatives, and ensure records of communication are kept;
- d) are reviewed by the service at least once in every six month period, and when required when there are changes to health and wellbeing.

To be completed by: 25 November 2024

This is to ensure care and support is consistent with Health and Social Care Standard 1.15: My personal plan (sometimes referred to as a care plan) is right for me because it sets out how my needs will be met, as well as my wishes and choices.

This is in order to comply with:

Regulation 5(2)(b)(iii) of The Social Care and Social Work Improvement Scotland(Requirements for Care Services) Regulations 2011(SSI 2011 / 210)

**This requirement was made on 10 October 2024.**

#### Action taken on previous requirement

The personal support plan format had been updated by the service.

The information in support plans was comprehensive, person-centred, and regularly reviewed.

The service had implemented a review matrix to ensure care reviews were planned and completed in appropriate timeframes.

People's representative contact details contained clear information and guidance.

**Met - within timescales**

## Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at [www.careinspectorate.com](http://www.careinspectorate.com).

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