

Meadowvale Care Home Care Home Service

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Telephone: 01506 635 373

Type of inspection:
Unannounced

Completed on:
18 March 2025

Service provided by:
Meadowvale Care (Bathgate) Limited

Service provider number:
SP2020013466

Service no:
CS2020378905

About the service

Meadowvale Care Home is located in Bathgate, West Lothian and is registered to provide care and support for up to 51 older people. The service is provided by Meadowvale Care Ltd (Bathgate).

The accommodation is on two floors. Access to the first floor is by stairs or lift. Bedrooms are single rooms with an en-suite toilet and wash hand basin. Each floor has a large sitting room, a dining area and a smaller sitting room. Communal bathing, showering and toilet facilities are on both floors. Ample car parking is to the front of the building and there is an enclosed garden to the rear.

About the inspection

This was an unannounced inspection to follow-up on a requirement made at our previous inspection in January 2025. The inspection took place on 18 March 2025 and was carried out by one inspector from the Care Inspectorate.

To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we spoke to people living in Meadowvale and staff and management. We observed practice and daily life and reviewed documents in relation to the requirement.

Key messages

- The care home was clean and staff followed good practice guidance with infection prevention and control.
- The provider had made good progress with upgrading the environment and had developed a robust refurbishment plan with timescales and funding, in order to improve the quality of people's surroundings.

From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How good is our setting?	4 - Good
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Further details on the particular areas inspected are provided at the end of this report.

How good is our setting?

4 - Good

A requirement was made at a previous inspection in January 2025. The service had put an action plan in place to manage the improvements needed and had met the requirement at this inspection.

The requirement was in relation to maintaining the environment to ensure better infection prevention and control (IPC), see - What the service has done to meet any requirements we made at or since the last inspection.

There were significant improvements in the environment, IPC practices and how people were supported. We have re-evaluated quality indicator 1.3 from adequate to good. The overall evaluation for this key question is good. An evaluation of good applies where there are several strengths that impact positively on outcomes for people and clearly outweighed areas for improvement.

What the service has done to meet any requirements we made at or since the last inspection

Requirements

Requirement 1

By 7 March 25, the provider must ensure that people experience care in an environment that is safe, well maintained and minimises the risk of infection. In order to achieve this, the provider must:

- a) ensure that the premises, furnishings and equipment are clean, tidy, and well-maintained;
- b) ensure that processes such as enhanced cleaning schedules and regular quality assurance checks are in place and effective to ensure that the environment is clean;
- c) ensure that safe infection control practices are adhered to by all staff at all times; and
- d) ensure that a programme of required maintenance is developed with clear timescales and actions.

This is to comply with regulations 4 (1) (a) and (d) Welfare of Users and procedures for the prevention and control of infection of the Social Care and Social Work, Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210).

This is to ensure that care and support is consistent with the Health and Social Care Standards (HSCS) which state that: 'My environment is secure and safe.' (HSCS 5.17); and 'I experience an environment that is well looked after with clean, tidy and well-maintained premises, furnishings and equipment.' (HSCS 5.22)

This requirement was made on 7 February 2025.

Action taken on previous requirement

The service had made significant improvement to the cleanliness of the care home. Immediate actions had been taken to replace or repair equipment and cleaning schedules were in place with frequent audit activity to ensure compliance with good practice guidance in cleaning and infection prevention and control (IPC). All staff had completed refresher training in good practice IPC and the manager had worked with staff to read and understand local policy and guidance.

Although there were still a number of areas needing attention, this was décor and flooring replacement. This was addressed through a robust weekly environmental audit resulting in a very detailed refurbishment plan with responsibilities and timescales ranging from now until next January. Current actions were all in line with timescales and priority areas had been dated accordingly. We saw evidence of all contractual quotes and agreements for budget to continue this work.

Met - within timescales

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com

Detailed evaluations

How good is our setting?	4 - Good
4.1 People experience high quality facilities	4 - Good

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