

Kincairney House Care Home Service

Glover Street
135 Glover Street
Perth
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Type of inspection:
Unannounced

Completed on:
10 December 2024

Service provided by:
Perth Care Home Limited

Service provider number:
SP2021000064

Service no:
CS2021000102

About the service

Kincairney House is a care home for older people situated in a residential area of Perth. It is close to local transport links, shops and community services. The service provides nursing and residential care for up to 80 people.

Accommodation is arranged over three floors, in single bedrooms with ensuite shower facilities. There are eight lounge/dining areas, several other sitting/dining areas across the service, a cinema room, a games room and a self-service café area for people to use. The service also has a small accessible garden and balconies on the upper floors to provide outdoor space for people.

About the inspection

This was an unannounced follow up inspection which took place on 10 December 2024. The inspection was carried out by two inspectors from the Care Inspectorate. To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

This report should be read in conjunction with the previous reports dated 25 April, 1 August, 5 September and 15 November 2024.

In making our evaluations of the service we:

- spoke informally with several people using the service
- spoke with five staff and management
- observed practice and daily life
- reviewed documents.

Key messages

- Improvements to risk assessments and care planning had been actioned.
- People spoken with told us they experienced warm and compassionate care.
- Ongoing reviewing of staffing levels must continue in response to changes in people's needs, or new admissions to the service.

What the service has done to meet any requirements we made at or since the last inspection

Requirements

Requirement 1

By 9 December 2024, the provider must make proper provision for the health, welfare and safety of people using the service. In particular, the provider must:

- a) ensure appropriately evidenced based fall risk assessment tools are used to ensure an accurate assessment of the risk of an individual falling
- b) ensure a fall prevention care plan is in place for those individuals at risk of falling
- c) ensure the fall prevention care plan clearly details the measures required to keep the individual safe.

To be completed by: 9 December 2024. This is to ensure care and support is consistent with Health and Social Care Standard 1.13: 'I am assessed by a qualified person, who involves other people and professionals as required.'

This is in order to comply with: Regulation 4(1)(a) of The Social Care and Social Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210)

This requirement was made on 15 November 2024.

Action taken on previous requirement

We saw that a Multi-Factorial Falls Risk Assessment had been undertaken for each person. These included specific actions required to keep people safe when mobilising or transferring.

Fall prevention care plans included some meaningful actions which the staff team should take to decrease or minimise the risk of individual's falling. These were seen to be in place for the entire sample of care plans inspected.

The information in Multi-Factorial Fall Risk Assessments varied across the sample, meaning that some action plans lacked detail, whereas others included a good level of information and actions the staff team should take. The management team had already begun to review and audit these risk assessments as part of the "Resident of the day" process. The management team were aware of the improvement work required to ensure consistency and meaningful detail across all Multi-Factorial Falls Risk Assessments.

The management team continued to audit fall information monthly to identify specific risks and trends. This could be aided by the introduction of individual fall diaries.

Met - within timescales

Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at www.careinspectorate.com.

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