

# Spring Gardens Care Home Service

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**Type of inspection:**  
Unannounced

**Completed on:**  
12 August 2024

**Service provided by:**  
Abercorn Care Ltd

**Service provider number:**  
SP2003002437

**Service no:**  
CS2007162838

## About the service

Spring Gardens is a 21 bed care home for older people located in the Joppa area of Edinburgh. The provider Abercorn Care Limited has been registered to provide care with the Care Inspectorate since 1 April 2011.

## About the inspection

This was a follow up inspection which took place on 12 August 2024. The inspection was carried out by an inspector from the Care Inspectorate. To prepare for the inspection we reviewed information about this service. This included previous inspection findings, registration information, information submitted by the service and intelligence gathered since the last inspection.

In making our evaluations of the service we:

- Spoke with 4 staff and management
- Observed practice and daily life
- Reviewed documents

## Key messages

- The environment was bright and clean, with some areas recently decorated.
- Processes for storing medication were robust
- Staff had been given additional training on medication processes

## From this inspection we evaluated this service as:

In evaluating quality, we use a six point scale where 1 is unsatisfactory and 6 is excellent

How well do we support people's wellbeing?	4 - Good
How good is our setting?	4 - Good

Further details on the particular areas inspected are provided at the end of this report.

## How well do we support people's wellbeing?

4 - Good

We evaluated this key question as good where several strengths impacted positively on outcomes for people and clearly outweighed areas for improvement.

See report section titled "What the service has done to meet any requirements made at or since the last inspection" for details of how the provider met requirements.

## How good is our setting?

4 - Good

We evaluated this key question as good where several strengths impacted positively on outcomes for people and clearly outweighed areas for improvement.

See report section titled "What the service has done to meet any requirements made at or since the last inspection" for details of how the provider met requirements.

## What the service has done to meet any requirements we made at or since the last inspection

### Requirements

#### Requirement 1

By 30th September 2024, the provider must ensure that medication is appropriately administered and stored to ensure the health and wellbeing of people.

To do this the provider must as a minimum:

- a) implement processes to ensure medication is stored safely and securely and out with the reach of people
- b) ensure staff have appropriate training on the administration of medication and Infection Prevention and Control
- c) update staff medication competency checks to ensure all areas of administration of medication is covered in regards to safe handling and infection prevention and control

This is to comply with Regulation 4(1)(a) and (b) (Welfare of users) of The Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210).

This is to ensure that care and support is consistent with Health and Social Care Standards (HSCS) 4.11 "I experience high quality care and support based on relevant evidence, guidance and best practice".

**This requirement was made on 12 August 2024.**

#### Action taken on previous requirement

The provider had implemented new storage security, which ensured that medications were stored more safely and out of reach of people.

The provider had also developed additional training which covered all areas of the administration of medication and Infection Prevention and Control. At the time of inspection all staff had taken part in this training and staff competencies had been assessed. This requirement was reassessed at the request of the provider prior to the timescale of 30 September 2024.

#### Met - within timescales

#### Requirement 2

By 5 August the provider must ensure that all areas within the home are free from trip, fall and safety hazards, to ensure people's health and wellbeing.

To do this the provider must as a minimum:

- a) Ensure that corridors are accessible and free from hazards
- b) Use appropriate signage for trip hazards

- c) Use fixed floor coverings
- d) Repair or replace loose floor covering
- e) Repair broken or loose fixings
- f) Ensure all doors that require to be locked have suitable mechanisms and these are regularly checked

This is to comply with Regulation 10(1) and (2)(b) and (d) (Fitness of premises) of The Social Care and Social Work Improvement Scotland (Requirements for Care Services) Regulations 2011 (SSI 2011/210).

This is to ensure that care and support is consistent with Health and Social Care Standards (HSCS) 5.24 "I experience an environment that is well looked after with clean, tidy and well-maintained premises, furnishings and equipment".

**This requirement was made on 12 August 2024.**

### Action taken on previous requirement

The provider had made a range of positive improvements to the physical environment, removing loose floor coverings and adding signage to ensure people had warning of a potential trip hazard.

Carpets and loose fittings within corridors had been replaced. All doors which required to be locked had suitable locking mechanisms.

**Met - within timescales**

## Complaints

There have been no complaints upheld since the last inspection. Details of any older upheld complaints are published at [www.careinspectorate.com](http://www.careinspectorate.com).

## Detailed evaluations

How well do we support people's wellbeing?	4 - Good
1.3 People's health and wellbeing benefits from their care and support	4 - Good
How good is our setting?	4 - Good
4.1 People experience high quality facilities	4 - Good

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