

# Inspection report

## Tremanna Care Home Service

26-32 The Rumlie  
Slamannan  
Falkirk FK1 3HJ

**Inspected by:** Lynne Nimmo  
**(Care Commission Officer)**

**Type of inspection:** Announced

**Inspection completed on:** 21 January 2008

**Service Number**

CS2006129883

**Service name**

Tremanna

**Service address**26-32 The Rumlie  
Slamannan  
Falkirk FK1 3HJ**Provider Number**

SP2004006884

**Provider Name**

Falkirk Council

**Inspected By**Lynne Nimmo  
Care Commission Officer**Inspection Type**

Announced

**Inspection Completed**

21 January 2008

**Period since last inspection**

5 months

**Local Office Address**Springfield House  
Laurelhill Business Park  
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## **Introduction**

Tremanna is registered to provide a care service to 3 children and young people between 11 and 18 who have been assessed as requiring longer term commitment and support, specifically younger people who are unable to remain with their families or within Foster Care Placements. The service also is registered to provide a close supported accommodation service from a separate site. The residential care service is situated in Slamannan, eight miles from Falkirk town centre and the close supported accommodation is based in Carronshore.

At the time of the inspection visit, the close supported accommodation service was not operational. The residential care service had three young people using the service at the time of the inspection.

Tremanna aims to provide a high quality professional service, facilitating a safe, positive and homely environment in which young people in our care are provided with opportunities to experience success and realise their potential; a balanced combination of structure, supervision and support will be provided by the team of care staff to assist young people in developing socially, physically and emotionally, in a safe and caring environment and care staff will value and respect the young person and their family. The service provided will reflect anti-oppressive and anti-discriminatory values.

## **Basis of Report**

Before the Inspection

The Annual Return

The service submitted a completed Annual Return as requested by the Care Commission.

The Self-Evaluation Form

The service failed to submit a self-evaluation form as requested by the Care Commission.

Views of service users

Service users' views were not obtained before the inspection.

Regulation Support Assessment

This service was inspected after a Regulation Support Assessment (RSA) was carried out to determine the intensity of inspection necessary. The RSA is an assessment undertaken by the Care Commission Officer (CCO) which considers: complaints activity, changes in the provision of the service, nature of notifications made to the Care Commission by the service (such as absence of a manager) and action taken upon requirements. The CCO will also have considered how the service responded to situations and issues as part of the RSA.

This assessment resulted in this service receiving a low RSA score and so a low intensity inspection was required as a result. The inspection was then based upon the relevant inspection focus area and follow up on any recommendations and requirements from previous inspections, complaints or other regulatory activity.

During the inspection process

Staff at inspection

Discussion with the manager and care staff.

## Evidence

Care plans and staff training records were inspected at the August inspection.

Inspection Focus Areas and associated National Care Standards for 2007/08

The Care Commission Officer took all of the above into account and reported on whether the service was meeting the following Inspection Focus Area; (IFA).

. Mental Health and Well-being.

The IFA has been reported under the following National Care Standards for Care Home Services for Children and Young People;

Standard 11 - Keeping well - lifestyle

### Fire Safety Issues

The Fire (Scotland) Act 2005 introduced new regulatory arrangements in respect of fire safety, on 1 October 2006. In terms of those arrangements, responsibility for enforcing the statutory provisions in relation to fire safety now lies with the Fire and Rescue service for the area in which a care service is located. Accordingly, the Care Commission will no longer report on matters of fire safety as part of its regulatory function, but, where significant fire safety issues become apparent, will alert the relevant Fire and Rescue service to their existence in order that it may act as it considers appropriate. Further advice on your responsibilities is available at [www.infoscotland.com/firelaw](http://www.infoscotland.com/firelaw)

### **Action taken on requirements in last Inspection Report**

The Care Commission did not receive an action plan from the service detailing how it would meet the recommendations arising from the last inspection. This was still work in progress as a new staff member had joined the team and would take this forward.

### **Comments on Self-Evaluation**

A self evaluation document has not been submitted by the service at the time of writing this report.

### **View of Service Users**

No service users were available to speak to at this inspection.

### **View of Carers**

The views of carers were not sought at this inspection.

## **Regulations / Principles**

### **National Care Standards**

#### **National Care Standard Number 11: Care Homes for Children and Young People -Keeping Well - Lifestyle**

##### **Strengths**

Not all elements of this standard were inspected. On this occasion the inspection focus area (IFA) of Mental Health and Well-being was inspected against.

The manager confirmed that the young people who were resident in the service at the time of the inspection had access to services with regard to Mental Health issues. One member of staff was qualified in mental health, but the staff team were very experienced in working with young people and provided consistent and constant care and were quick to respond to the young people's needs. The staff worked well as a team to meet the individual needs of the service users.

The manager and staff confirmed that the young people had opportunities to discuss any issues they had both formally and informally and with whom they wished. The manager and staff described the systems and the good working relationships with other professionals that were in place to meet the individual health needs of the young people. Care plans inspected at the previous inspection contained detailed information of health assessments and any referrals made.

Staff explained how they accessed resources and information from Choose Life and See Me. Discussions with the manager and staff confirmed that staff had attended a variety of training in relation to mental health, but more specialist training for some staff would be beneficial - for example counselling. The service had access to the following publications - Young Minds: Looking after the mental health of looked after and accommodated children in Scotland, mental health documents produced by the Local Authority and Who Cares leaflets.

Staff described the reflective practice in place that would take place after any incidents.

Through discussion with the manager and staff it was confirmed that the service had access to a variety of other professionals and agencies. Some of the links included medical staff, Police, Caledonia Youth, Freagarrah, Cluaran which was run by Barnados and the Child and Adolescent Mental Health (CAMHS) service.

Discussion with staff and the manager confirmed that they knew families well and were able to support the individual circumstances of the young person very well.

The service had recently achieved an award of Celebrating Success for community involvement.

##### **Areas for Development**

The service will continue to seek appropriate training to meet staff individual needs and interests. A lack of storage space limits the amount of publications that staff would find useful

for reference or are recommended best practice guidance. Staff should consider alternative ways of accessing this information and consider if there are any ways to increase storage.

**Enforcement**

There has been no enforcement action against this service since the last inspection.

**Other Information**

The Care Commission Officer informed the manager of the 'Regulating for Improvement' project - a development which will significantly change how the Care Commission will regulate services from April 2008. It will mean better information, more involvement with people who use care services and their carers, and the introduction of clear gradings which will help people make more informed choices about the care services they want to use.

The manager was advised by the Care Commission Officer to familiarise themselves with the information and briefings that have been made available at [www.carecommission.com/Care Services/Regulating for Improvement/Information for Service Providers](http://www.carecommission.com/Care%20Services/Regulating%20for%20Improvement/Information%20for%20Service%20Providers)."

The Local Authority are planning to extend the provision at Tremanna and are in the early stages of producing plans to add on an extension to the rear of the premises. They have informed the Care Commission of this plan and have been in consultation regarding the proposed changes.

**Requirements**

No requirements were identified at this inspection.

**Recommendations**

No recommendations were identified at this inspection.

**Lynne Nimmo**

**Care Commission Officer**